

varier®

COLLECTION 2017



## **OUR PHILOSOPHY:**

Movement is the essence of our brand, and a central element of every chair we design. We challenge every norm about sitting to inspire new sitting habits, and to help people live healthier lives. We now spend about 55 percent of our waking hours sitting at our work desks and dinner tables, in our cars or on public transport, or in front of our many screens. And it's seriously affecting our health. Our sedentary way of life has become a very real problem for all of us, regardless of how fit and healthy we are. Quite simply, we need to change the way we sit. We need to move. For many of us, our way of life requires us to sit for long periods at a time. When we sit, we tend to sit still. We become restless, tense, and find it difficult to concentrate. But the solution is simple – the freedom to move. Our bodies are made to move. This prompted Norwegian industrial designer Peter Opsvik to question the notion that there is just one correct sitting posture. Opsvik believed that our body intuitively seeks the ideal sitting position – so the next position is always the best – and it's this freedom of movement that defines Opsvik's designs.

### **SIT\_STAND:**

Our bodies are made to move. A Varier sit-stand chair follows every move you make, and each chair in our sit-stand range strengthens your core and back muscles, and helps you maintain a natural upright posture. Choose a saddle seat size and gas lift height that suits your needs, and ease onto the padded seat with your feet placed firmly on the floor. A sit-stand chair keeps you active at home or at the office, and is the perfect match for a height-adjustable table.

# Move



## SIT STRONG, STAND EASY

Choose a sitting height that suits you. Balance, tilt, pivot or rotate 360°. Your leg, back and abdominal muscles are constantly active. An upright, sit-stand posture helps strengthen your core.







# Motion



EASE ONTO INTUITIVE MOBILITY

AND SUPREME COMFORT

Choose your usual sitting height, or lift your body higher into an almost upright position. Your pelvis rotates forward, which helps maintain the natural curve of your spine. Balance and tilt easily from side-to-side, or back and forth in gentle micro movements. The open angle between your hips and knees aids blood circulation.



### **KNEEL:**

Variety makes life interesting. On a Varier kneel chair, your body is constantly encouraged to move. Place your weight firmly on the forward sloping seat, and one or both of your lower legs on, in front of, between, or beside the shin pads to vary your sitting position, and find the ideal balance point for your body. Our kneel chairs gently tilt your pelvis forward, which encourages a natural upright posture. And with strong core muscles and minimal pressure on your spinal discs, your back and shoulders relax.

# Variable



## THE ORIGINAL KNEELING CHAIR

Your body moves in response to the chair's gentle tilting motion. The open angle between your upper and lower body strengthens your core and enhances blood circulation. Your abdomen and back muscles work to keep your posture upright.







# Multi

## WHERE FLEXIBILITY MEETS STABILITY

Choose the seat angle that's most comfortable for you. Your abdomen and back muscles work to keep your posture upright. The wider the angle between your upper and lower body, the less pressure on your vertebrae. With less pressure on your back, there's less tension in your neck and shoulders.



# Thatsit

## TOTAL SUPPORT, UNLIMITED MOVEMENT

Vary your position by placing your lower leg on, in front of, between, or beside the kneepads. Your body moves in response to the chair's tilting motion. Your spine is perfectly supported. The open angle between your upper and lower body aids blood circulation.

# Wing



## TILT:

Stimulate your body and mind, and keep the conversation flowing. Varier tilt chairs have a gentle tilting function that inspires soft, natural movements. With your lower back perfectly supported, you can lean back or forward with ease. The open design inspires smooth, leisurely movement, and helps you maintain a dynamic posture at the dinner table, or in the meeting room.

## COMBINING MOVEMENT WITH MOBILITY

A natural upright posture helps strengthen your core. Your abdomen and back muscles work to keep your posture upright. Adjust the height of the seat to suit you, and roll on the wheels. The open angle between your upper and lower body aids blood circulation.

# Date

WHEN MOVEMENT AND SUPPORT MEET STYLE

Tilt gently forward or back. Your body can move freely and comfortably in any direction. Your lower back is perfectly supported, whether leaning forward or back.

# Invite

COMPLETE COMFORT FOR LEISURELY DINING

Tilt gently back or forward. An upright posture helps strengthen your core. Your lower back is perfectly supported. Leaning back or forward.



# Actulum



## THE VERSATILE ALL-ROUNDER

Your body moves in response to the chair's tilting motion. A natural upright posture helps strengthen muscles in the abdomen and back. Your back and arms are perfectly supported.





## **RECLINE:**

From effortless comfort to unmatched variability, the Varier recline range offers perfect support and relaxation for your body. Each chair encourages steady, gentle movement, while you relax. Turn, tilt, or fully recline. With just the slightest movement, your body glides easily from one sitting position to another in total comfort.



# Peel



## SUPPORT AND ELEGANCE

Turn, tilt gently back or fully recline. Rest comfortably with your feet up. Adjust the neck support horizontally or vertically. Your neck and back are perfectly supported in any position.

# Peel Club



## SUBTLE MOVEMENT MEETS

## GRACEFUL DESIGN

Tilt gently back, or turn 360°. Your back is perfectly supported. Face forward, backwards or sideways.

# Kokon

## MAXIMUM COMFORT, COMPACT DESIGN

Tilt or turn 360°. Recline back and lock your position for true relaxation. Your neck and back are perfectly supported.



# Kokon Club

## SIMPLICITY IN MOTION

Tilt back and relax. Enjoy full 360° rotation.  
Your arms and lower back are gently supported.



# Ekstrem



## THE NO-LIMITS SITTING EXPERIENCE

Face forward, backward or sideways, or any way you like. Enjoy endless possibilities for movement and variation.





# Gravity



## RELAX INTO COMPLETE WEIGHTLESSNESS

Tilt forward and kneel, or recline completely for a near zero gravity experience. Rock gently back and forth when fully reclined. Your neck and back are gently cradled and supported. Your abdomen and back muscles work to keep a natural posture when upright.



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Witteveen Projectinrichting  
Ouderkerk a/d Amstel  
Tel: 020 - 496 5030  
info@witteveen.nl  
www.project-inrichting.nl  
www.zadelstoel.nl